

Prayer for Spiritual Communion

If you are participating from home, please consider offering this prayer as the gathered congregation receives the sacrament.

O Lamb of God,
in union with the faithful at every altar of your Church,
my heart offers you praise and thanksgiving.
I love you above all things,
and I earnestly desire to receive you into my soul.
And although I cannot receive you sacramentally,
I invite you into my heart spiritually.
May my soul be fed by this spiritual food,
and may my heart know you more dearly in the breaking of this bread.
Amen.